



**Welsh Gambling
Education Hub**

ACTIVITY:
**Gambling Behaviour
Ladder**



Funded by

GambleAware

Gambling Behaviour Ladder

This activity considers the nuance in risk associated with gambling. It gives the opportunity to discuss the differences in behaviours between different forms of gambling and illustrates how gambling behaviour should be considered on a continuum, not simply placed into categories.¹⁴⁹



Time:
10-15min



Materials to print:
Gambling Behaviour
Ladder Cards

Method

- 1** Provide the group with a set of Gambling Behaviour Ladder cards.
- 2** Ask the group to put the cards in order from what they consider least risky to what they consider the most risky gambling behaviour. Emphasise that there is no right or wrong answer.
- 3** Then discuss the possible consequences of youth gambling, writing them on the branches of the tree.
- 4** Encourage discussion about the motivations behind why people gamble, the frequency, the amount spent. Discuss at what point each of these behaviours would become problematic if they do not think the character already had a problem. Mention that although not all of these examples are examples of harmful gambling, they are all realistic and illustrate how normalised gambling is in our culture.

Alternative options:

If it's a big group, you could divide it into teams and use multiple sets of cards. You could also give 1 card to each person and then ask the group to stand up forming a line to visualise where they would place each example.

Possible Follow-Up Activity

5. Place each card around the room.
6. In pairs or small groups, ask the participants to write a relevant harm reduction tip on a post-it note and stick it to the card it relates to.
7. Ask the group to share and discuss the tips they came up with and suggest any tips they may not have considered.

¹⁴⁹ Activity created by PSHE Association

Gambling Behaviour Ladder

Cards



Olivia put £1 into the World Cup sweepstake at work to raise money for a local charity.

Jack bet his chocolate Easter egg on whether or not his mate will be able to score a penalty.

Lewis won a prize at the amusement arcade last week so he has gone back again, with more money this time, hoping to win big on the slot machines.

Ryan stole money out of his flatmate's purse to repay a loan he took out to play online poker.

Janice puts £2 a week on the lottery when she does the weekly shop, even though she is currently struggling to pay her bills.